



waterside@newburycanoeclub.co.uk

Waterside Race Series

Marshalling Information

Contact Numbers

Control desk/Retirement/Emergency (Mike Richman) 07870 769687

Emergency 999

Race Organiser Ed Cooper

Marshall Support Jo Holland 07766 751352
Lynne Hutcheon 07825541334

	Check In Times	Start Times	Race A Great\Bedwyn – Newbury 13.5 miles	Race B Newbury – Aldermaston turn 17 Miles	Race C Pewsey – Newbury 23 Miles	Race D Devizes - Newbury 34 Miles
Race A	07:30 -11:30	09:00-12:00 Slow 9:30-10:30 Fast 11:00-12:00				
Race B	07:30 - 11:00	10:00-12:00				
Race C	07:30 -10:00	09:00-11:00 Slow 9:00-9:45 Fast 10:15-11:30				
Race D	05:30--08:30	07:00-08:30				
Deivizes						07:00-08:30
Pewsey					07:30-11:00	
Wooton Rivers					09:15-11:00	09:00-11:30
Bruce Tunnel					09:30-12:30	09:30-12:00
Sam Farmers Crofton					09:30-12:45	09:30-12:45
Dunmill			09:30-12:45		11:00-13:30	10:45-14:30
Kintbury			10:00-13:15		11:30-13:45	11:00-14:30
Hamstead Marshal			10:30:13:50		12:00-14:00	11:45-14:30
Hamstead Weir			10:30-13:50		12:00-14:00	11:45-14:30
WestMills, Town Lock/Finish			10:45-14:30		12:30-15:00	11:45-14:30
Greenham Lock				10:00-15:30		
Ham Lock				10:00-15:30		
NCC/Bulls Lock				10:45-14:30		
Colthrope Wier				10:45-14:1		
Woolhampton Swing Bridge 1/Swing bridge 2 Woolhampton				10:45-14:15		
Aldermaston Turn				11:45-13:00		
Finish NCC				12:30-15:30		

Waterside A: Great Bedwyn to Newbury (13.5 Miles)

Marshalling Points	No. Marshals
Start /carparking Great Bedwyn	7
Dunmill	4
Kintbury	6
Hamstead Marshal ./ Hampstead Wier	4
West Mills/Town Lock/Town Bridge/Waterside Finish	6

Waterside B: Newbury to Aldermaston Turn (17 Miles)

Start Newbury Canoe Club	
Bulls Lock	3
Woolhampton Swing Bridge/ Woolhampton/ Colthrope Wier	2 3
Aldermaston Turn	4
NCC Finish	2

Waterside C - Pewsey Wharf to Newbury (23 Miles)

Start /carparking Pewsey Wharf	6
Wooton Rivers	2
Bruce Tunnel/ Sam Farmers Crofton	6
Dunmill	4
Kintbury	6
Hamstead Marshal / Hamstead Weir	4
West Mills/ Town Lock /Town Bridge/Waterside Finish	6

Waterside D - Devises to Newbury (34 Miles)

Start Deivizes	6
Wooton Rivers	2
Bruce Tunnel/ Sam Farmers Crofton	6
Dunmill	4
Kintbury	6
Hamstead Marshall / Hamstead Wier	4
West Mills / Town Lock /Waterside Finish	6

Finish for ACD races Newbury Waterside Centre

Race B outside Newbury Canoe Club house by A339 Bridge

Control Desk (Newbury Waterside centre – Upstairs)

Firstly we also want to take the opportunity to say a massive thank you to you for giving up your time and giving us your help and support for the Newbury Canoe Club.

A quick bit of history - The Waterside Series has been running since 1968 provides a training and qualification races for the Devizes to Westminster annual canoe race (DW).

Marshall Instructions

This document is a guide please contact the Marshal Coordinators or Control desk with any queries. The marshalling points are listed West to East with the canal flow, at the back of this document is listed all locks and the what 3 words coordinates. There are separate detailed risk assessments if required. For adverse weather conditions there will be extra safety marshals at risk points on the canal, but additional instructions will be supplied on the day via Whats App.

The Waterside Whatsapp group for each race will show the list of Marshals for each race and immediate information for the day including:

- Contact details for Race start, Control desk, First aiders, Marshall Coordinators
- Lead and assistant marshals for each marshalling point
- Weather Forecast
- Course hazards and special instructions
- Lead Marshal please arrange the collection of your Marshal box and check as certain locations e.g. Aldermaston have 2 boxes

Each marshalling point will have a Lead Marshall and Assistant Marshalls. The Lead Marshall will organise the Marshalling Point with help of the Assistant Marshals. The Control Desk and Marshall Coordinators will be available to contact and attend if needed.(see front page for contact information)

Marshall boxes will be at each Marshalling Point containing:

Hi Viz Jackets (unique to NCC \ AD – please ensure return)

1 x Survival Bag
2 x Space Blankets
Marshall Information Booklet including :
 Incident Report Sheets
 Time Delay Report Sheets
 Ideas and suggestion sheets
Rubbish Bag
Snacks and cold drinks for Marshalls (and if needed by paddlers)
Hand sanitisers/survival blankets

First aiders are available if required, please contact Control Desk/ Marshal Coordinators or 999 for an emergency. Do please familiar yourselves with the Concussion Protocol which is detailed in this document.

Incidents and accidents should be reported to the Lead Marshall, Control Desk and Marshal Coordinators if required, the event must be recorded on an Incident Sheet (in back of folder) please complete and leave in the folder.

Junior competitors will have support crews following their progress. Any issues with junior competitors please contact their support crew and the control desk.

When you arrive at the marshalling point signs/cones should be out

Once in position: Lead Marshals please Whatsapp Waterside Series, so we know everyone is in position

Once the race has started, it may be necessary to hold paddlers at road crossings, etc. If this has to be done for a significant time, i.e. more than 30 seconds, use the Time Delay Report Sheet (in the Marshalls Box) to make a note of paddler's number & duration that they were held for, please pass this information to the Control Desk so this time can be deducted from the paddlers finish time. Reassure the paddlers if they are concerned.

Please be polite and considerate to traffic and other road users.

Marshalls should inform road users about the race and can politely request they wait whilst competitors cross the road, however care should be taken when directing or holding traffic, there are no permissions to stop vehicles on the highway.

Please do not allow support crews to obstruct road or competitors.

Retirements, please let Control Desk know if you are informed of retirements so they are not expected at the finish. Inform the control desk of :

Crew Number - Crew Name - -Retirement Location

Tail end Charlie (Not always applicable – notification on day)

When close to end of the days racing the last three boat numbers will be posted on the Waterside WhatsApp. Please post on the Waterside Whats App group the boat numbers as these last 3 competitors pass your marshalling points, this helps to ensure everyone has been accounted for.

When done for the day, it will be helpful if you can collect any signs, cones, etc together and leave them in a convenient place so NCC can pick up OR if you can please take all back to the clubhouse – if you are able to do this please confirm on the Waterside Series Whatsapp – this will help us with clearing up at the end of the day. If you can also have a check for any rubbish that may have been dropped, and put it in the bag provided. Lead Marshals please return or arrange the return of the Marshalling Box to the club house.

High Water levels - additional marshals with throw lines might be placed at weirs, e.g. Colthrope (4 marshals) and Hamstead Marshal, and pinch points such as Town Bridge, if this is required additional information will be supplied on the day.

Waterside Series Concussion protocol

1. Introduction

This protocol is for race staff. It is designed to explain what concussion is, symptoms of concussion and actions to be taken where concussion is suspected.

2. What is concussion and why is it a problem?

A concussion is a type of traumatic brain injury—or TBI—caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move rapidly back and forth. This sudden movement can cause the brain to bounce around or twist in the skull, creating chemical changes in the brain and sometimes stretching and damaging brain cells. A concussion injury can affect judgement, awareness and balance.

Such injuries can occur where, for example:

- A paddler hits their head on a low bridge
- A paddler falls, striking their head.
- A paddler is hit in the head by another boat

Most sports (e.g. soccer, rugby, cricket) now operate strict concussion protocols where if a competitor is suspected of incurring a concussion injury they are immediately withdrawn from the game and their condition is monitored. The Waterside Series races presents particular dangers to competitors with a concussion injury given the often remote sections of the course and the particular risk of drowning.

3. Symptoms of concussion

The following are usual symptoms of concussion:

- A headache or a feeling of pressure in the head
- Temporary loss of consciousness
- Confusion or feeling as if in a fog
- Memory loss surrounding the traumatic event
- Dizziness
- Ringing in the ears
- Nausea
- Vomiting
- Slurred speech
- Delayed response to questions
- Appearing dazed
- Double vision
- Fatigue

4. Action to be taken where concussion is suspected

If a paddler is suspected of being concussed the following action should be taken:

- Explain that you are concerned that they have a concussion injury and ask them to stop paddling and rest. Advise this is for their safety and well being.
- If necessary, advise that continuing to race when unfit can lead to disqualification
- For junior paddlers advise they cannot continue without specific approval of their team leader/lead supporter
- If possible, get support crew details
- Advise race control, giving boat number and describing what has happened

Race control will put a first aider in touch who will speak to the paddler and make an assessment of whether they should continue the race.

If the paddler refuses the advice to stop race control should be advised, giving boat details, timings and why you are concerned.

5. Red flags

If ANY of the following are reported or develop, medical attention should be sought as a priority (i.e. consider calling an ambulance)

- Deteriorating conscious state
- Severe or increasing headache
- Unusual behaviour change
- Double vision or deafness
- Increasing confusion or irritability
- Repeated vomiting
- Seizure or convulsion
- Weakness or tingling/burning in arms or legs

6. Action on stopping

If the paddler stops the following action should be taken:

- Get the support crew to attend
- Keep the paddler warm, ideally using their change of clothing and emergency blanket
- If possible get them into a warm place (car, building if available).
- On arrival of the support crew get them changed into dry and warm clothes, then taken home or to medical care if required

- Get the support crew to ensure they are assessed by a health care professional within 24 hours of the incident to ensure that there are no significant underlying medical issues
- As soon as practicable rest & sleep – this is good for recovery

The following should not happen:

- Allow them to be left alone. Support crew should keep a watch over them for 24 hours
- Consume alcohol in the 24 hours and/or until symptom free
- The injured paddler drives a motor vehicle in the first hours and/or until symptom free.

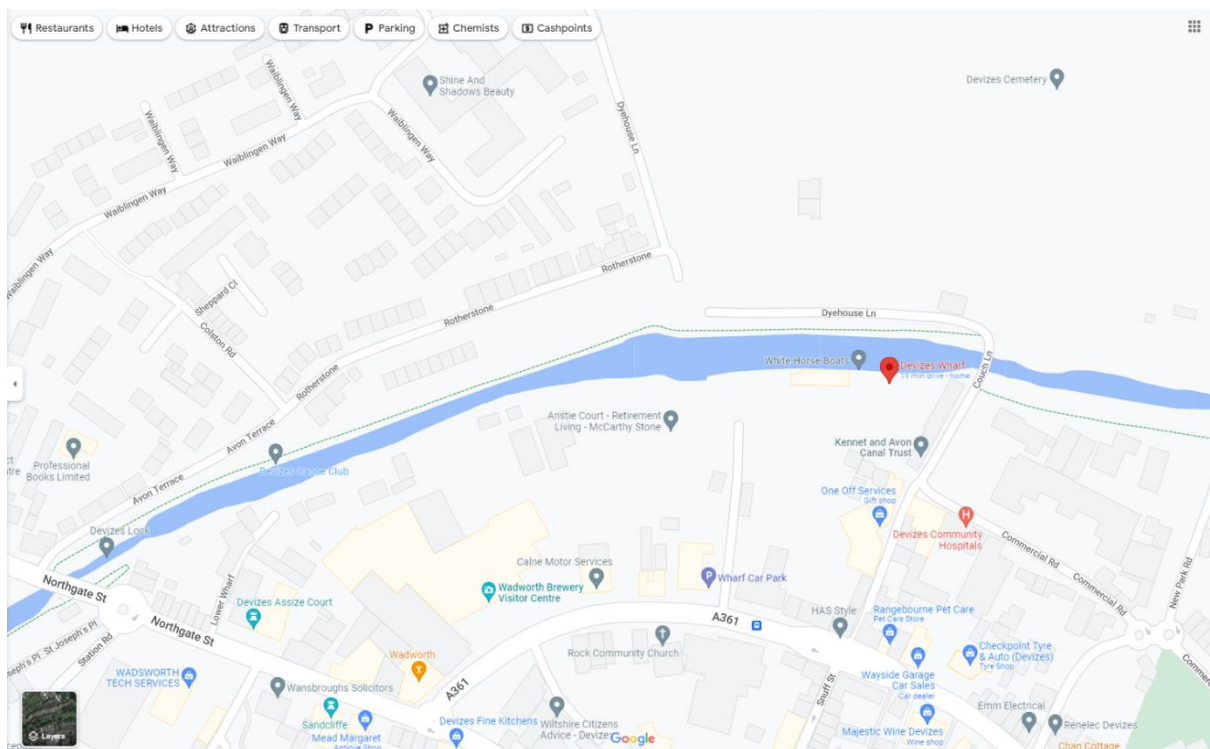
Devizes

Start

Number of marshals required:

Check in 3, Starters 3

What3Words: [///property.rigs.factly](https://www.what3words.com/property.rigs.factly)



Marshalling Issues: Paddle access to the start can be difficult due to narrow boat moorings

Toilets are available

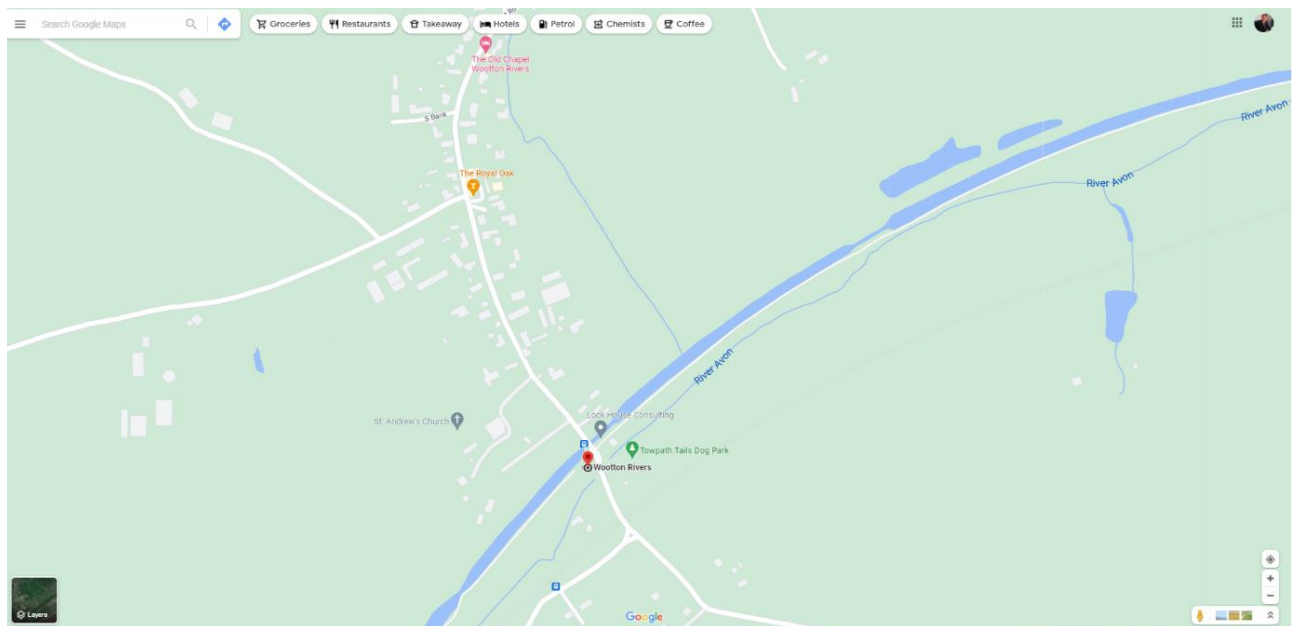
Wootton Rivers

Distance to Finish: 32km \ 19 miles

Number of marshals required 2

Marshalling Issues : Risk - road crossing, limited parking for support crews.
Most traffic will be support crews

What3Words: ///glare.schooling.overpaid



Bruce Tunnel

Air Horn

Distance to Finish: 28km \ 17 miles

Marshalling Issues: Risk - Capsize in tunnel and paddlers disorientation. Marshalling required at the entrance (3 people) and exit (3 people) of the tunnel, each with an open canoe (with lights) and people able to paddle them in to the tunnel to assist with any capsizes, etc.

1 person needs to be on the bank at the entrance to note any boat numbers and duration that they are held due to being unable to enter the tunnel because of other water traffic. Also will need to count boats in.

Detailed risk assessment and guidelines available

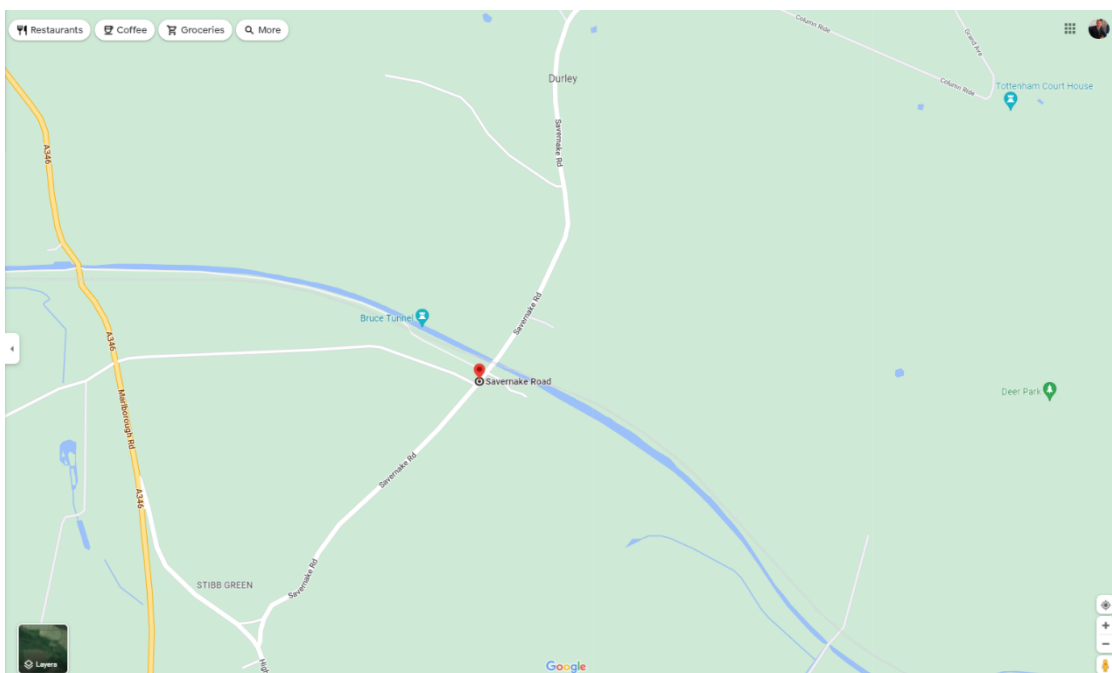
Number of marshals and canoes required 6

West End 2 marshals

East End 2 marshals

Canoe/kayak rescue support 2

What3Words: ///beats.translate.yield



Sam Farmers Crofton

Marshals 2

Marshalling Issues: Risk - road crossing, parking for support crews. Marshals required to supervise support parking and road crossing

What 3 words: ///thrillers.plan.crafts

Dun Mill

Distance to Finish: 13km \ 8 miles

Marshalling issues: Risk - Blind bend with frequent traffic and support crews can block access over the bridge.

Paddlers have awkward exit from the canal through a kissing gate, and then have to cross over bridge and road to put in on the other side of the canal. Paddlers will be compensated for time lost with traffic hold ups

There is a car park for fishermen just up from the lock which has a height restriction.

Number of marshals required 4

What3Words: ///exists.mailers.branch



Kintbury

Distance to Finish: 8km \ 5 miles

Marshalling issues: Risk - Rail crossing frequent traffic and restricted parking

Paddlers have awkward exit from the canal through a kissing gate, and then across the bridge to put in on the other side of the canal.

Blind bend railway crossing and frequent traffic

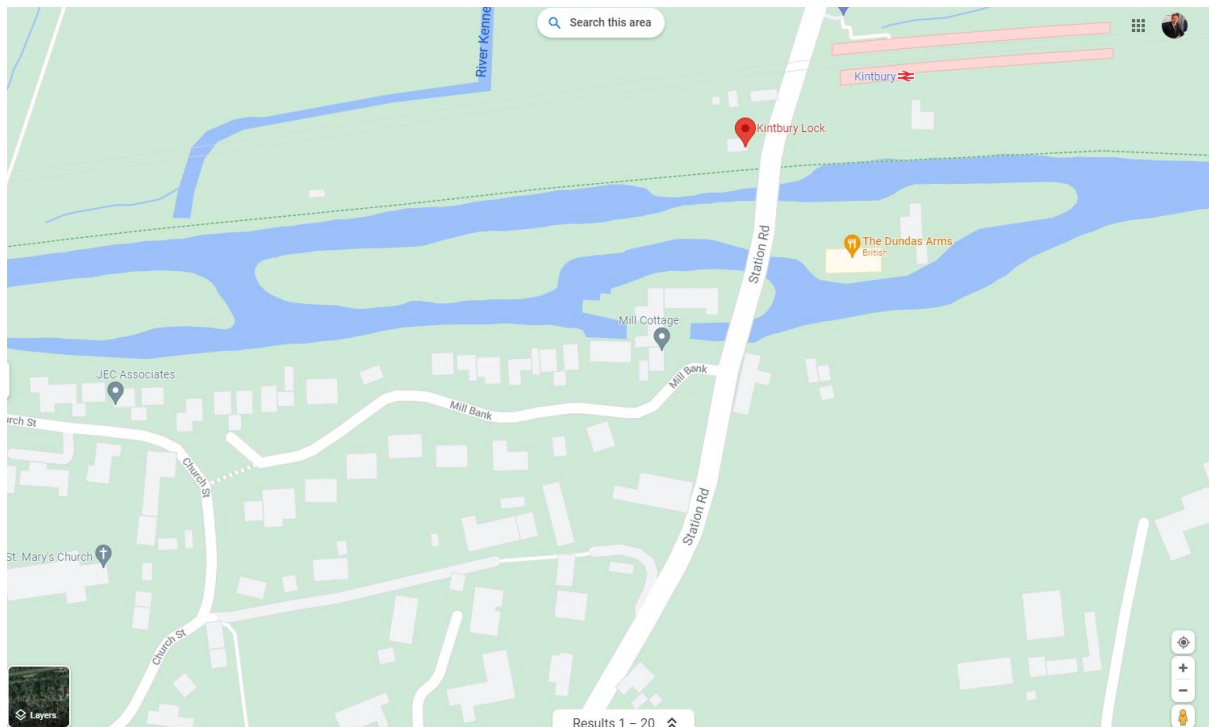
The rail crossing is not immediately obvious to drivers, therefore it is important to ensure drivers have an exit over the canal bridges and do not get held on the level crossing, stop the paddlers crossing when required if rail crossing barriers are activating to ensure safe traffic flow.

Car parking is available in Dundas Arms carpark **only to 11:45**, additional car parking is available opposite, Public toilets are available.

Detailed risk assessment and marshalling details available

Number of marshals required 6

What3Words: [///wobbles.giggle.consoled](https://www.what3words.com/#!/wobbles.giggle.consoled)



Hampstead Lock (Marsh Benham)

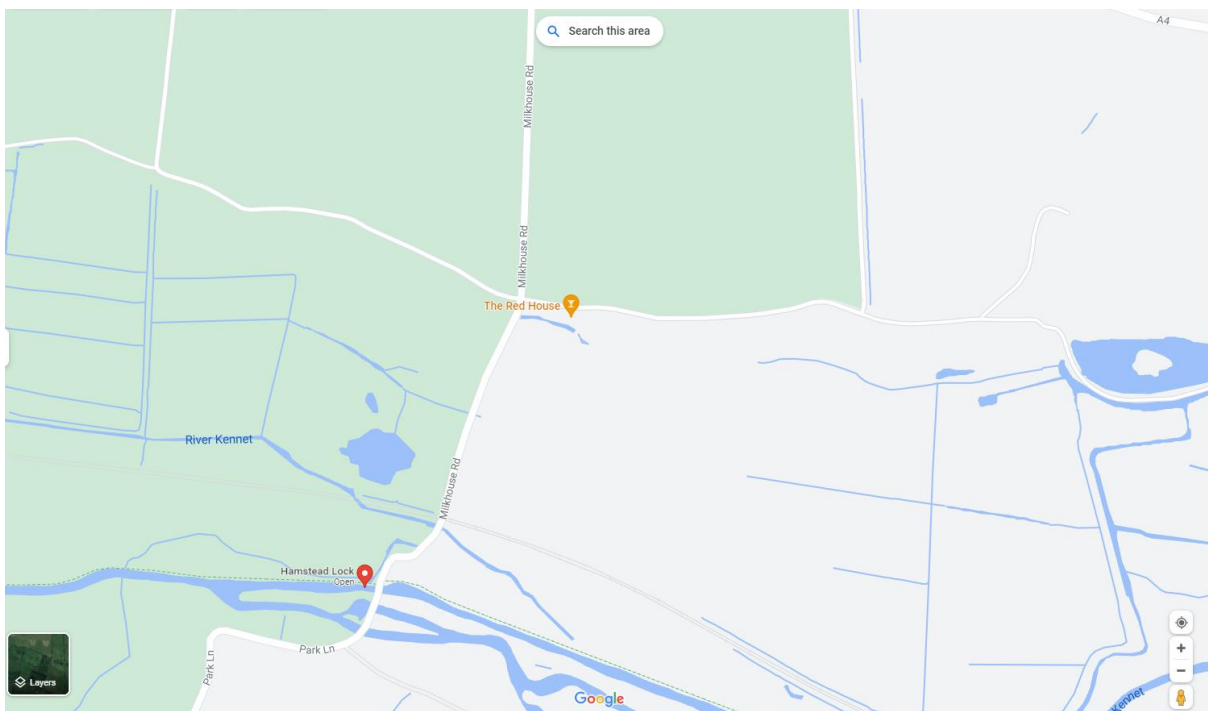
Distance to Newbury: 5 km \ 3 miles

Marshalling issues: Risk - Humpback bridges and blind bends, support traffic needs to park on North side of railway crossing,

Race A supporting crews. No trailer allowed

Number of marshals required 5

What3Words: [///stylists.pushy.division](https://www.what3words.com/#!/stylists.pushy.division)



Hamstead Marshal Wier

(applicable for marshalling with high water levels)

What 3 words: [///exporters.website.regret](https://www.what3words.com/#!/exporters.website.regret)

2 Marshals with throw lines

West Mills Swing Bridge

Marshalling issues: Risk – Weir, pedestrians and cars.

This is a **compulsory portage of the bridge**.

Paddlers must get out & put in on the same side, warn paddlers of weir on LHS.

Paddlers are not to portage over swing bridge.

Newbury Town Lock (by The Lockstock) Marshals to have walkie talkie

Marshalling issues: Risks- Pedestrians and narrow boats moving upstream through bridge.

Care of pedestrians by lock and portages.

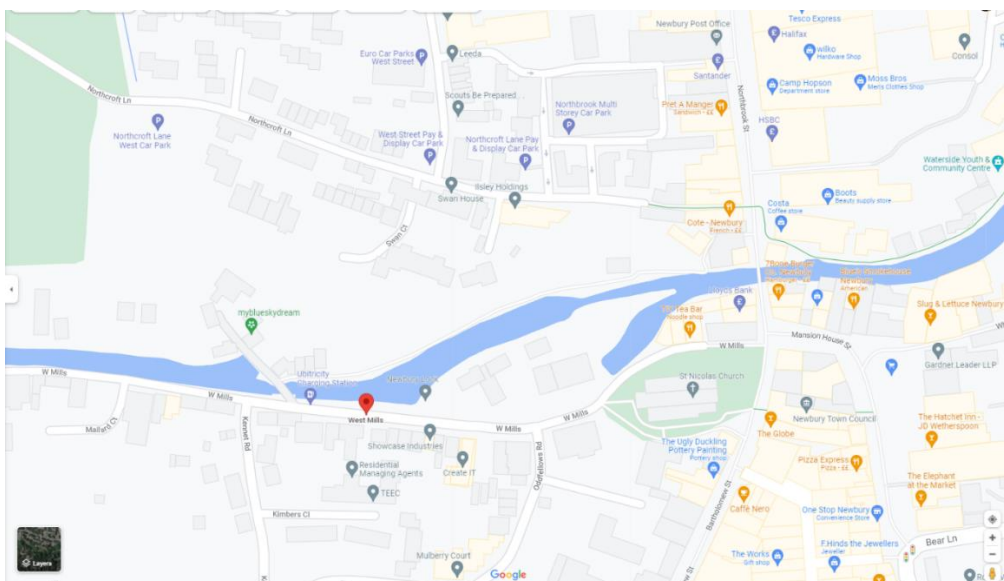
Paddlers must be held if power boats / barges are moving upstream to Town Bridge and the lock - the bridge is too narrow for both.

Walkie talkie contact with finishers to monitor any barge movement through Town Bridge, take note of any paddler held time.

Number of marshals required 3

2 Marshals (additional) with throw lines east of Town Bridge at high water flow

What3Words: ///hill.prime.blame



Bulls Lock

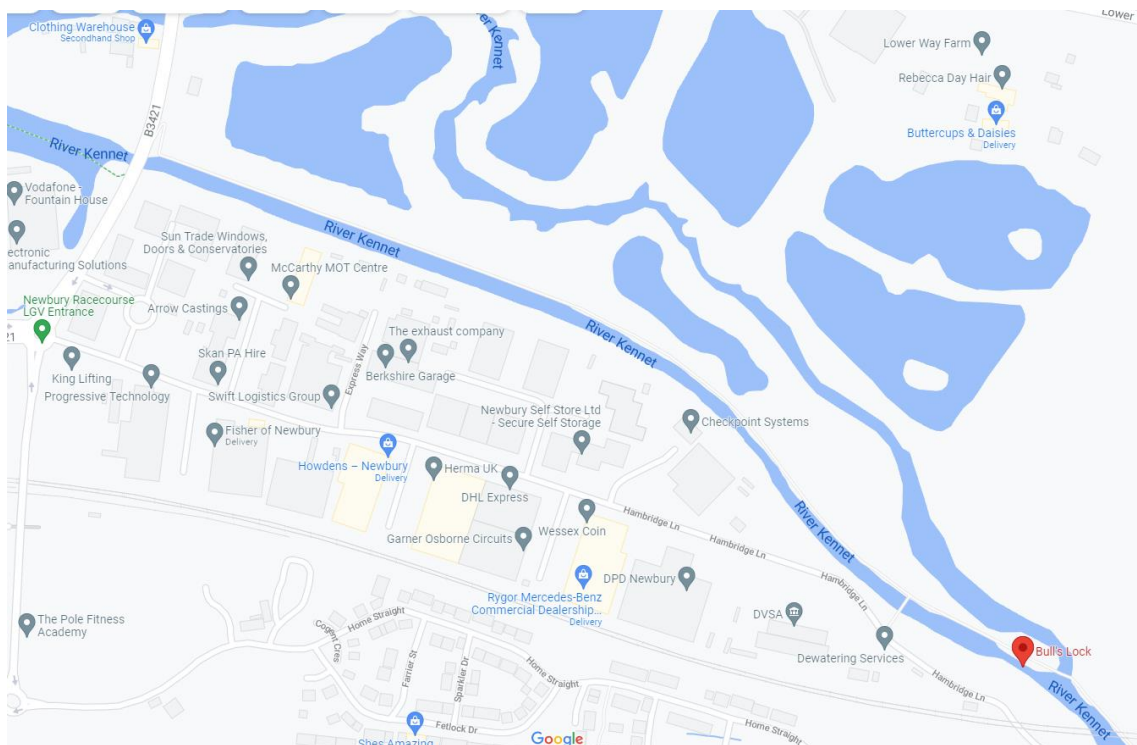
(2nd lock down from the club)

Marshalling issues: Risks – Pedestrians, Protruding beams under bridge, Pedestrians

Compulsory portage for ALL boats around the swing bridge. Paddlers can get back in and paddle to the lock if they want, but it is only a short distance, so easier to portage. Crews are allowed across the swing bridge, so they can portage on either side of the lock.

Number of marshals required 3

What3Words : [///carbon.race.dawn](https://www.what3words.com/#!/carbon.race.dawn)



Colthrope Wier

4 Marshals required with throwlines in high water

What 3 words; [/// Grading.flattered.blessing](https://www.what3words.com/#!/grading.flattered.blessing)

Woolhampton – Swing Bridge

10:20 – 14:15

(upstream from Row Barge)

Marshalling issues: Risks- Pedestrians. The swing bridge upstream from the row barge before Woolhampton Lock that is low. If water levels are high this may be a compulsory portage (decision made close to race day). However they still need to be told to slow down get low, protruding beams under bridge.

Number of marshals required 2

2 marshals at 2nd swing bridge

Woolhampton

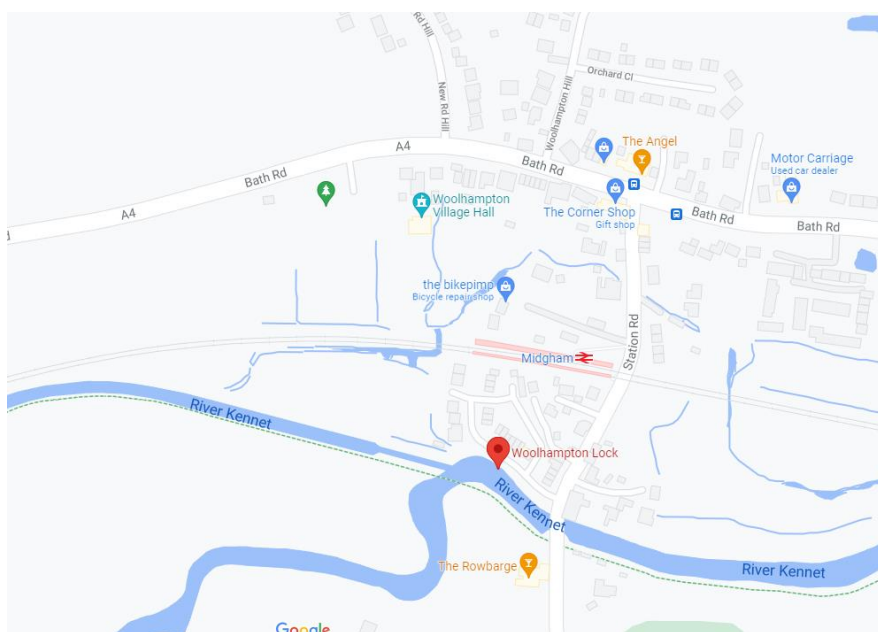
Marshalling issues: Risks- Pedestrians

For the lock, paddlers decide where they put in after portaging the lock – either immediately after lock, or they can cross the road bridge and put in below Road Bridge. Marshalls should supervise any road crossing to ensure traffic is aware and paddlers are safe to cross. Narrow Boat traffic may also necessitate a longer swing bridge portage.

Support Crews NOT to use the pub Car Park.

Number of marshals required 3

What3Words : [///card.eyeliner.tissue](https://www.what3words.com/#!/card.eyeliner.tissue)



Aldermaston Turn

Marshalling issues: Risks- Pedestrians, slippery surface for paddlers

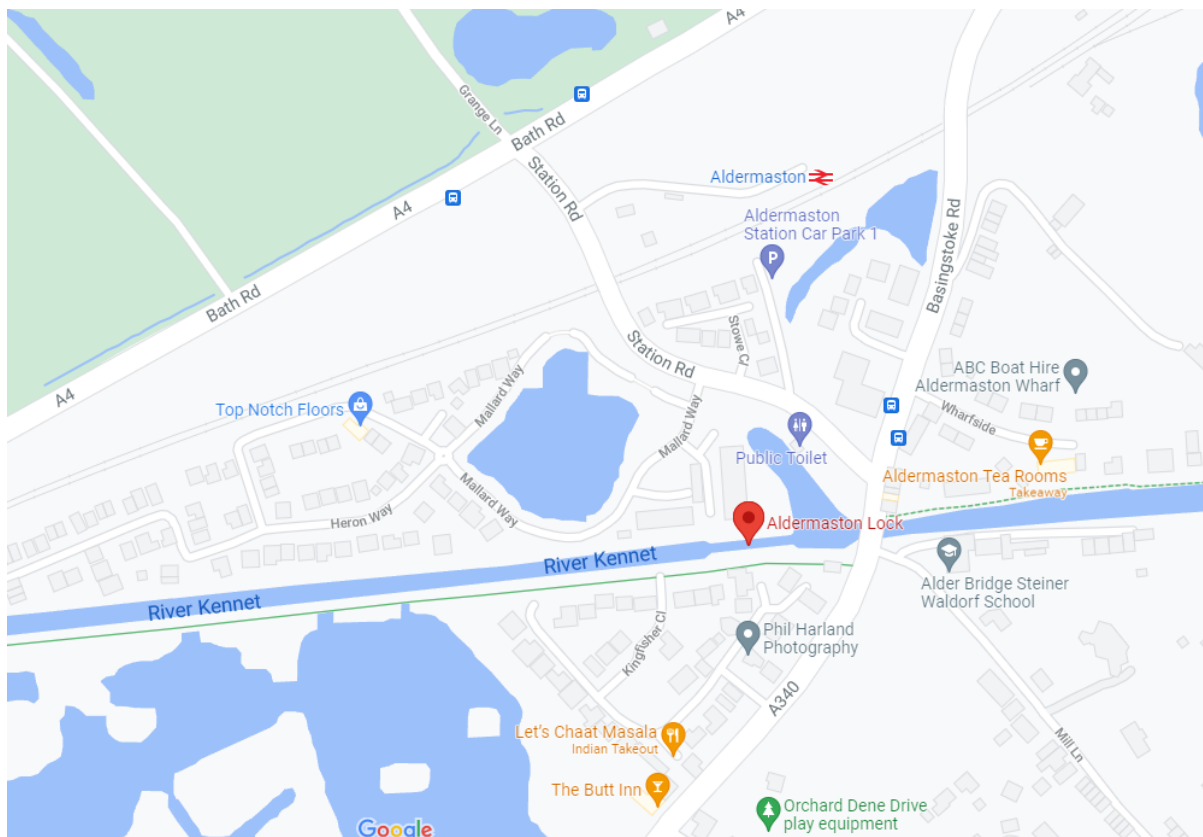
Care required at turn, competitors must go around cone on path.

Normally there are a lot of pedestrians with dogs, children and push chairs and cyclists. so crowd control required. Support crews must not block road access or impede competitors.

Detailed risk assessment and marshalling instructions available

Number of marshals required 4

What3Words : [///hikes.barstool.flood](https://www.what3words.com/hikes.barstool.flood)



All Locks names and locations

Devizes to Aldermaston – West to East

Lock No	Lock name	OS map Ref	What 3 words Ref
51	Wooton Locks		Cobbles.spotted.hospitals
52	Heavy Close Lock		Cups.cassettes.deluded
53	Brimslade Lock		Sensibly.lights.baked
54	Wootton Top Lock Cadley Lock	SU212634	Listening.material.finds
55–63	Crofton Locks	SU254622	Punters.womb.buckets
56			Materials.self.domestic
57			Dispensed.splits.unframed
58			Local.shredding.inspects
59			Trample.crass.remission
60			Tempting.messy.clouds
61			Directors.clearly.medium
62			Hulk.lectured.tolerates
63			Tight.masterful.minds
64	Bedwyn Church Lock	SU278641	Emulating.worldwide.remarked
65	Burnt Mill Lock	SU283649	Immune.internal.pepper
66	Potter's Lock	SU288654	Defers.bangle.clinking
67	Little Bedwyn Lock	SU290659	Prefix.pairings.sway

68	Froxfiled Top Lock Oakhill Down Lock	SU299671	Hurtles.divide.smothered
69	Froxfield Middle Lock	SU301674	Windows.presitge.distilled
70	Froxfield Bottom Lock	SU303676	Enlarge.prevented.blanks
71	Picketfield Lock	SU315680	Zeal.gearbox.taxed
72	<u>Cobbler's Lock</u>	SU321684	Conned.absorbs.agreeable
73	Hungerford Marsh Lock	SU326685	Burns.chugging.straying
74	Hungerford Lock	SU336687	Incursion.warns.sideboard
75	Dun Mill Lock	SU352683	Jiggle.downs.alas
76	Wire Lock	SU363681	Depth.abruptly.suave
77	Brunsdon Lock	SU372676	Venturing.interests.score
78	Kintbury Lock	SU386671	Pull.irony.mermaids
79	Dreweatt's Lock	SU411673	Twinkled.breakfast.glow
80	Copse Lock	SU416670	Opened.bravo.reliving
81	Hamstead Lock	SU424671	Croaking.headed.knots
	Hamstead Wier		exporters.website.regret
82	Benham Lock	SU438665	Forget.shock.give
83	Higg's Lock	SU447667	Stump.loft.elaborate
84	Guyer's Lock	SU453669	Yards.rocks.easy
85	Newbury Town Lock	SU470671	Slices.gift.frame
86	Greenham Lock^[B]	SU480673	Flies.mats.rush
87	Ham Lock^[B]	SU487672	Herds.ranked.boost

88	Bull's Lock^[B]	SU499667	Native.holds.pump
89	Widmead Lock^[B]	SU508663	Space.result.votes
90	Monkey Marsh Lock^[B]	SU522662	Hiring.army.speeded
91	Colthrop Lock^[B]	SU538663	Grading.flattered.blessing
92	Midgham Lock^[B]	SU548662	Lived.mimics.digested
93	Heale's Lock^[B]	SU562663	Tastes.reply.sped
94	Woolhampton Lock^[B]	SU571665	Aquatics.cage.steady
95	Aldermaston Lock^[B]	SU601671	Blessing.walls.functions